

## Swimming Teaching - Award

**Ofqual Title:** STA Level 2 Award in Swimming Teaching (QCF)

**SQA Title:** STA Professional Award in Teaching Swimming at SCQF Level 6

### Aim

The **Swimming Teaching - Award** aims to produce teachers that can teach up to 10 beginners and deliver the STANley Series of awards, as well as the Octopus and Goldfish Series of STA's **International Learn to Swim Programme**. They may also act as an assistant swimming teacher and can teach larger classes or advanced skills under the direct supervision of a swimming teacher qualified to certificate level.

### Pre-requisites

- Be of 16 years of age or older
- Hold current membership with STA
- Hold the **Safety Award for Teachers** or acceptable equivalent
- Hold either the **Safeguarding Children, Young People and Vulnerable Adults** certificate (available via STA Online) or acceptable equivalent

**Note:** If the requested pre-requisites are not supplied within 12 months of the course end date, the qualification will expire

### Validity of Award

The qualification does not have an expiry date.

To remain as an STA approved swimming teacher, and to receive the benefit of STA public liability insurance, holders of the qualification are required to:

1. Remain in membership of the STA
2. Keep knowledge up to date with regular CPDs
3. Keep their prerequisite lifesaving qualification in date
4. Regularly update their DBS check

### Length of Course

49 Notional Learning Hours:

- 28 Recommended Guided Learning Hours
- 21 Non-contact Guided Learning Hours

### Course Information

The **Swimming Teaching - Award** covers:

- Understanding the Elementary Scientific Principles Relevant to Swimming
- Planning, Preparing and Teaching Swimming
- Understanding the Principles for Safe and Equitable Coaching Practice

### Assessment

- Complete a portfolio and worksheet questions to the satisfaction of the course tutor
- Undertake poolside teaching during the course
- As part of an external assessment, teach a 30 minute lesson to 4 learners
- Complete a 30 question multiple-choice paper with a unit pass mark of 7 / 10 per unit

### Revalidation

This qualification does not require revalidation. However, STA recommends all members attend or complete CPDs to continuously update their knowledge and skills.